



BANGKOK HEIGHTZ
THAI RESTAURANT

FREE!! HOME DELIVERY

within 3 miles radius for order £25.00 or more

(extra charge outside 3 mile radius)

MON – SAT: 18.00 – 22.00,

SUN: 17.00 – 21.00

10% DISCOUNT FOR TAKE AWAY

OPENING HOURS

MON – SAT: 12.00 – 15.00 & 17.30 – 23.00

SUN: 12.00 – 21.30

4A ORWELL PLACE, IPSWICH, IP4 1BB

Tel: 01473 225422

www.bangkokheightz.co.uk

 MEDIUM HOT

 HOT

 VERY HOT






PLEASE INFORM THE SERVICE STAFF OF ANY ALLERGIES AND SPECIAL DIETARY REQUIREMENTS.

SOME DISHES MAY CONTAIN TRACES OF NUT, GLUTEN, DIARY OR OTHER ALLERGENS.

STARTERS

- 1. BANGKOK HEIGHTZ PLATTER (FOR 2 PEOPLE)** 15.50
A selection of chicken satay, prawn tempura, fish cake, vegetable spring rolls and prawn toast served with sweet chilli and peanut sauce
- 2. CHICKEN SATAY** 5.95
Marinated chicken grilled on skewers served with peanut sauce
- 3. PRAWN TOAST** 5.95
Minced prawn on toast topped with sesame seeds
- 4. PORK DUMPLINGS** 5.95
Pork dumplings steamed and topped with fried garlic and a sweet soy sauce
- 5. DUCK SPRING ROLLS** 5.95
Deep fried spring rolls filled with shredded duck and vegetables
- 6. BBQ PORK RIBS** 5.95
Slow cooked pork spare ribs marinated with bbq sauce
- 7. LEMONGRASS PRAWN** 6.25
Deep fried minced prawn and coriander dumpling on a lemongrass stick
- 8. FISH CAKE** 6.25
Thai fish cakes served with sweet chilli sauce and crushed peanut
- 9. SALT AND PEPPER SQUID** 6.25
Crisp calamari finished with garlic, salt, black pepper and fresh red chilli
- 10. CHILLI MUSSELS**   6.25
Stir fried mussels with fresh chilli and Thai herbs
- 11. PRAWN TEMPURA** 6.25
Tiger prawns in a light crispy batter tempura
- 12. SOFT SHELL CRAB** 9.95
Deep fried soft shell crab with garlic, spring onion and chopped fresh chilli
- 13. PRAWN CRACKER** 2.50
- 14. BH VEGETARIAN PLATTER (FOR 2 PEOPLE)** 13.50
Combination of vegetarian bbq, sweet corn cake, deep fried bean curd, vegetable spring rolls and vegetable tempura
- 15. VEGETABLE SPRING ROLLS** 5.25
Crispy spring rolls filled with mixed vegetables
- 16. VEGETARIAN BBQ** 5.25
Tofu and vegetables on skewers served with peanut sauce
- 17. SWEET CORN CAKE** 5.25
Deep fried sweet corn blended with red curry paste
- 18. VEGETABLE TEMPURA** 5.25
Deep fried mixed vegetables in batter

SOUPS

- 19. TOM YUM**   CHICKEN 5.50
Spicy soup with mushrooms, lemongrass, galangal, PRAWN 5.95
kaffir lime leaves and chilli
- 20. TOM KHA**  CHICKEN 5.50
Creamy soup with Thai herbs and coconut milk PRAWN 5.95
- 21. POH TAK TALAY**   6.25
Spicy mixed seafood soup with Thai herbs

22. BH SOUP 5.95

Hot and sour soup with crab meat and mushrooms

SALADS

23. SOM TAM   7.95

A fresh of shredded papaya salad mixed with **** WITH PRAWN** 8.95
carrots, tomatoes, lime juice and chilli **** WITH SOFT SHELL CRAB** 10.95

24. THAI BEEF SALAD   9.95


Sliced of grilled sirloin with lime juice and chilli dressing

25. LAAB GAI   7.95

Minced chicken topped with Thai spices, lime juice and roasted rice

26. DUCK SALAD  8.95

Roasted duck with orange dressing and chilli

27. OCEAN SALAD   8.95

Mixed seafood with lime juice and chilli dressing

28. BH SALAD  8.95

Crispy fried spinach leaves with prawns, tomatoes, onion, lime juice and chilli

MAIN DISHES

29. GREEN CURRY   CHICKEN 8.25

Green curry paste with coconut milk, PRAWN 9.95
bamboo shoots and basil leaves

30. RED CURRY   CHICKEN 8.25

Red curry paste with coconut milk, PRAWN 9.95
bamboo shoots and basil leaves

31. PANANG BEEF  8.95

Beef in aromatic panang curry sauce with kaffir lime leaves

32. MASSAMAN CHICKEN 8.25

Chicken in massaman curry sauce with onion and potatoes topped with cashew nuts

33. GAREE GOONG 9.95

Prawn in a mild yellow curry sauce with onion and potatoes topped with crispy shallots

34. PAD KRAPROW   CHICKEN 8.25

Stir fried with fresh chilli and basil leaves BEEF 8.95

35. PAD PRIEW WAN CHICKEN 8.25

Stir fried with vegetables in a sweet and sour sauce PRAWN 9.95

36. PAD KHING CHICKEN 8.25

Stir fried with ginger, spring onions in soy sauce DUCK 9.95

37. PAD MED MA MAUNG HIMMAPARN  CHICKEN 8.25

Stir fried with cashew nuts, onions and dried chilli PRAWN 9.95

38. PORK KRATIAM 8.25

Pork stir fried with garlic and pepper sauce

39. BEEF NAM MAN HOI 8.95

Beef stir fried in oyster sauce and vegetables





FISH & SHELLFISH

40. **PLA SAM ROD** 🌶️ 9.95
Crispy fish with sweet chilli and garlic sauce
41. **PLA PRIEW WAN** 9.95
Sweet and sour crispy fish
42. **PLA CHU CHEE** 🌶️ 9.95
Crispy fish topped with creamy red curry sauce
43. **PLA YANG** 15.95
Marinated whole butterfly sea bass in Thai herbs wrapped in a banana leaf
And grilled
44. **PLA NEUNG MA NAO** 🌶️🌶️ 15.95
Steamed whole butterfly sea bass with lemongrass, fresh lime juice and crushed chilli
45. **GOONG TA KRAI** 🌶️ 9.95
Stir fried tiger prawns with lemongrass sauce and chilli
46. **GOONG CHU CHEE** 🌶️ 14.95
King prawns topped with creamy red curry sauce
47. **GOONG YANG** 14.95
Grilled king prawns served with Thai spicy sauce
48. **GOONG TAMARIND** 14.95
King prawns with tamarind sauce topped with crispy shallots
49. **GOONG HOR LA PAR** 🌶️🌶️🌶️ 14.95
King prawns stir fried in spicy sweet basil sauce
50. **TALAY PAD CHA** 🌶️🌶️🌶️ 12.95
Mixed seafood stir fried with chilli, lemongrass, kaffir lime leaves and green peppercorns
51. **BLACK PEPPER OCEAN** 12.95
Mixed seafood stir fried in black pepper sauce


BANGKOK HEIGHTZ'S RECOMMENDATION

52. **BANGKOK HEIGHTZ SIRLOIN STEAK** 13.95
Sliced sirloin beef steak served with Thai dipping sauce
53. **GAI YANG** 11.95
Grilled marinated chicken in Thai herbs
54. **MASSAMAN LAMB** 9.95
Coconut milk braised lamb in a mild massaman curry paste
55. **BLACK PEPPER SIRLOIN** 13.95
Sliced sirloin in black pepper sauce
56. **DUCK TAMARIND** 12.95
Crispy duck with tamarind sauce topped with crispy shallots
57. **GAENG PED YANG** 🌶️🌶️ 12.95
Sliced roasted duck topped with special homemade sauce
58. **BANGKOK DUCK** 15.95
½ Duck pan fried topped with cooking liquor

VEGETARIAN

- 59. PAD PAK RUAM MIT** 5.95
Seasonal vegetables stir fried with garlic and oyster sauce
- 60. PAD BROCCOLI** 5.95
Stir fried broccoli with ginger, garlic and oyster sauce
- 61. MA KHEUA SAM ROD**  7.25
Crispy aubergines with sweet chilli and garlic sauce
- 62. TOFU PAD KRA PROW**    7.25
Tofu stir fried with fresh chilli and basil leaves
- 63. TOFU PRIEW WAN** 7.25
Tofu stir fried with vegetables in sweet and sour sauce
- 64. HED MED MA MAUNG HIMMAPARN**  7.25
Mushroom stir fried with cashew nuts, onion and dried chilli
- 65. GREEN CURRY PAK**   7.25
Mixed vegetables in green curry paste with coconut milk, bamboo shoots and basil leaves
- 66. RED CURRY PAK**   7.25
Mixed vegetables in red curry paste with coconut milk, bamboo shoots and basil leaves
- 67. PANANG TOFU**  7.25
Tofu in aromatic panang curry sauce with kaffir lime leaves
- 68. MASSAMAN TOFU** 7.25
Tofu in massaman curry sauce with onion, potatoes topped with cashew nuts

NOODLES & RICE



- 69. PAD THAI** PRAWN 8.50
Rice noodles stir fried in tamarind sauce with VEGETABLE 7.25
bean sprouts, carrots, spring onions and egg
- 70. PAD MEE** CHICKEN 7.95
Egg noodles stir fried in soy sauce with bean VEGETABLE 7.25
sprouts, carrots, spring onions and egg
- 71. PAD KHEE MAO**   PRAWN 8.50
Large stick rice noodles stir fried with fresh chilli CHICKEN 7.95
and Thai herbs
- 72. PLAIN NOODLES** 4.25
Rice noodles stir fried with bean sprouts in soy sauce
- 73. PINEAPPLE FRIED RICE** 7.95
Fried rice with chicken, prawns, pineapple, cashew nuts, raisins and egg
- 74. STEAMED THAI JASMINE RICE** 2.75
- 75. STICKY RICE** 3.25
- 76. COCONUT RICE** 3.25
- 77. BROWN RICE** 3.25
With Thai herbs
- 78. EGG FRIED RICE** 3.25
With carrots, sweet corn and peas
- 79. CHIPS** 2.50


SET MENU

BANGKOK ACOUSTIC (2 people or more - £21.95 per person)

BANGKOK HEIGHTZ PLATTER

MAIN COURSE

Green curry with chicken  

Tiger prawns stir fried with cashew nuts 

Beef stir fried in oyster sauce

Steamed rice



BANGKOK BLUES (2 people or more -£24.95 per person)




BANGKOK HEIGHTZ PLATTER

SOUP

Chicken Tom Yum  

MAIN COURSE

Red curry with prawns  

Beef stir fried with chilli and basil leaves   

Chicken in sweet and sour sauce

Steamed rice




BANGKOK CLASSIC (4 people or more - £25.95 per person)


BANGKOK HEIGHTZ PLATTER

MAIN COURSE

Massaman Lamb

Mixed seafood stir fried in black pepper sauce

King prawns stir fried in spicy sweet basil sauce   

Crispy fish topped with creamy red curry sauce 

Duck tamarind

Pad Thai




Steamed rice

BANGKOK JAZZ (2 people or more - £18.95 per person)

BH VEGETARIAN PLATTER

MAIN COURSE

Green curry with mixed vegetables  

Tofu stir fried with fresh chilli and basil leaves   

Mushroom stir fried with cashew nuts, onion and dried chilli 

Steamed rice
